

VALUE ADDED BENEFITS INFORMATION

Location	Healthy Rewards	For families	For moms	For you	Hospitals	Urgent care	Pharmacy
North	• \$100 for child Wellness visit • \$25 for first prenatal care visit • \$50 for postpartum care visit • \$80 for well-child visits in first 30 months • \$100 for first dose of COVID-19 vaccine • \$25 for flu shot • \$25 for combo-10 childhood immunizations • \$50 for breast cancer screening • \$50 for cervical cancer screening • \$25 for diabetic retinal eye exam • \$25 for diabetic A1C screening • \$40 for asthma medication refills • \$40 for high blood pressure medication refills • \$10 for new-member health needs screener • \$5 for vaccine quiz • \$35 for human papillomavirus (HPV) vaccination	• \$200 for eligible members towards childcare for kids 5–10 • \$100 Youth Club Memberships to help cover Boys & Girls Club for ages 5–14, 4H, YMCA and more • FREE sports physicals for ages 6–18 • FREE online fitness resources for ALL ages • FREE GED/HiSET (High School Equivalency Test) gift card • \$100 gift card for test support, college application fees and more for ages 17+ • FREE meditation app for ages 26 and younger • FREE Emotional Well-Being resource for ages 13+ • FREE Community Resource Link to find help online for local community-based programs, benefits, and services	• Two weeks FREE home-delivered meals after delivery or hospital discharge • \$200 gift card to purchase baby items or nursing support items • One-month bus pass, or \$50 Uber card, \$50 gas card, one-month bus pass, or Free AAA membership for postpartum members (up to 12 months) and children aged 5 years and younger • \$35 for eligible members gift card to purchase books • 10 weeks FREE home-delivered meals for members with gestational diabetes	• FREE Club Membership (Costco Gold Star or Sam's Club) • \$50 extra vision benefit for glasses • FREE WW Core® (formerly called Weight Watchers®) voucher good for 3-months membership for ages 18+ • \$100 card towards gym membership or 2 items from catalog for eligible members ages 18+ • \$100 gift card for eligible members to purchase products for pain management • \$100 toward industry certification assistance, uniform, interview attire, tools, or styling supports for ages 18+ • FREE life transition kit with first-aid supplies, dental hygiene supplies, restaurant gift card, and an emergency blanket for eligible members • \$75 Healthy Grocery card for eligible members to purchase healthy groceries in stores or online	Urban Washoe: • Carson Valley Medical Center 1107 N Hwy 395, Gardnerville, NV 89410 775-782-1500 • Carson Tahoe Regional Medical Center 1600 Medical Pkwy, Carson City, NV 89703 775-445-8000 • Northern Nevada Medical Center 2375 E Prater Way, Sparks, NV 89434 775-331-7000 • Northern Nevada Sierra Medical Center 6500 Longley Ln, Reno, NV 89511 775-799-7320 • Renown Medical Center 1155 Mill St, Reno, NV 89502 775-982-4100 • Renown South Meadows Medical Center 10101 Double R Blvd, Reno, NV 89521 775-982-7000 • St. Mary's Regional 235 W 6th St, Reno, NV 89503 775-770-3000	Urban Washoe: Unlimited access to urgent care at these locations: • Carbon Health Alpha Medical Group of Florida 5067 S. McCarran Blvd. 775-298-5379 • Carson Tahoe Dayton Urgent Care 9001 Medical Center Drive, #101 775-445-7330 • Carson Tahoe Health Urgent Care 1201 S. Carson St. 775-445-7210 • Carson Valley Medical Center Urgent Care 897 Ironwood Drive 775-782-1610 • Northern Nevada Urgent Care 5575 Kietzke Lane 775-502-1400 5265 Vista Blvd., Building B 775-355-5010 • Renown Health Urgent Care 775-982-5000 All locations	Prescription and over-the-counter medicines (when prescribed by your doctor). Choose from pharmacies, like: • Walmart • Sam's Club • Smith's Food & Drug Center • CVS • And more Or use CarelonRx mail-order pharmacy.



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